THE LITTLE STEPS INITIATIVE

Arabella's 10 Potty Steps

One little step at a time

1. **Go to the bathroom and turn on the light**
2. **Pull down pants**
3. **Sit on the potty**
4. **Pee or poop**
5. **Take tissue**
6. **Wipe front to back, gently until clean.**
   Get help to clean if needed.
7. **Pull up pants**
8. **Flush**
9. **Wash and dry hands**
10. **Turn off the light and close the door**

You followed all 10 steps like a potty pro!
Be proud of yourself, Arabella!

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